



Press Release, Dec, 2 2018 "Reducing the advance of legal time is urgent for climate and health"

ACHED - Association Contre l'Heure d'Eté Double pour la [#Reductiondel'avancementdelheurelegale](#) - French Association Against Double Summer Time for the reduction of the advancement of legal time.

Today first day for COP24.

Tomorrow in Brussels on Monday, meeting of the European Transport Council.

We must keep the abolition of daylight saving time on the 2019 agenda, but for either stay with winter-time (GMT + 1 in France) in March, or make a last change to winter-time in October 2019.

The situation is dire. Lies and irresponsibility need to stop. The approach of the abolition of daylight saving time (DST) should **not be limited** to only the "clock change" aspect. The "**advancement of the time**", a **forest hidden behind the tree "clock change"**, is less visible but just as important. Also asking "Summer-time or winter-time?" is improper. France, Spain and Benelux are 2 hours ahead of their geographical / natural time zone. So France has to consider and talk about **3 different hours**:

- The hour of its original time zone - **Greenwich** / Tarbes [#heurenaturelle](#) [#heurestandard](#) [#vraieheurehiver](#)
- The hour used in the winter: of **Berlin time zone**; the natural hour for our German neighbors while an advanced hour for France [#heureavancéehiver](#)
- The hour used in the Summer : of **Kiev time zone**, the one for Ukraine [#heuredetedouble](#)

Double DST, DDST, in France is an abusive and even eventually illegal measure inaugurated by the war, inflicted on the French people by Hitler and Pétain and repeated by a small group of people in 1976 in a position of influence in the following years. DDST of 76 was imposed on France as a myopic promise of energy savings that was never fulfilled when fully accounted, and nevertheless Europe aligned itself on this error. Yet the Council of Europe and several European senates / parliaments have asked the executive branches to liberate us from it. **Still waiting. And it is urgent! Because the side effects are deleterious. Summer-time (DST) and even worse the double Summer-time (DDST):**

- increase the **pollution of the air** we breathe (50 000 premature deaths / year in France) which accelerates climate change
- encourage the **use of the car** and limits the flexibility of alternative mobilities
- destroy the **sleep quality**, the health, education and ingenuity of French people

So talking about an eternal summer time is madness!

Glimmer of hope: the French people are mobilizing for mobility and for the climate. And good news, abolishing DDST-DST and reducing the advance of the hour **is merely good and not really expensive**: more time, clarity and serenity in the morning, more money and less CO2 if you pay attention, more clean air, health and future. Our schedules using Universal Time and our watches will help us stay connected and interact with our neighbors. We will be able to think of true flexibility under stable conditions. We might even find energy synergies between the different time zones.

To approve the Commission's proposal to make a last change to the DDST-DST advanced time in March, and to let countries manage their own time pick while omitting these considerations would be **dangerous**. And if the EU pushes back until 2021 it would also be very unfortunate. If needed, France / Spain / Benelux should eventually change time zones like Portugal in 1996. We ask leaders to stand up in **Brussels, France, Spain ... and Katowice. Let's use the Standard time to fight against pollution, for the climate and the health of citizens.**

-letter to the European Commission from **EBRS** (European Biological Rhythm Society) calling for standard time <https://www.ebrs-online.org/news/item/dst-statement-ebrs-endorsed> [#StdTime](#) [betterhealth](#) [#dummiedbyDST](#)

-Resolution Number 54 of the French Senate (2001): <http://www.senat.fr/leg/tas00-054.html>

- Rec 1432- Council of Europe 1999: <http://assembly.coe.int/nw/xml/XRef/Xref-DocDetails-FN.asp?FileID=16732&lang=en>

-Energy: Bouillon 1983, Kotchen & Grant 2008 + MIT 2011, Shaffer Calgary report 2017 [#StdTime4Savings](#)

-Ozone pollution, increased car usage Dechaux 1986, Hecq 1992 [#StdTime4betterair](#) [#StdTime4lowcarbonmobility](#)

- **France sued** in 2018 for exceeding maximum levels of pollution and lack of action [#heuredetepusdepollution](#)

-**Climate march for December 8** [#unispourleclimat](#) [#achedpourleclimat](#) [#StdTime4climate](#)

-**Petition** FR vs GMT + 2 <https://www.cyberacteurs.org/cyberactions/recherchonsplusmidiaquatorzeheures-2557.html>

-**Book** <http://www.edilivre.com/au-musee-des-erreurs-l-heure-d-ete-231223384e.html> Free 4 media at actualite@edilivre.com